

ZONTAGRAM

ZONTA CLUB OF WESTCHESTER
CONSTITUENT OF ZONTA INTERNATIONAL
DISTRICT 3 AREA 1 ORGANIZED 1931

September 2011



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President
Alice Massa
Vice President
Sheila Sievertsen
Treasurer
Georgia LaBlanc
Recording Secretary
Constance Crump
Directors
Karen Carroll
Vivienne Bartley

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Finance
Georgia LaBlanc
Organization, Membership
& Classification *TBA*
Public Relations & Website
Catherine Kocur
Service
Karen Carroll
United Nations
Pat Latona
Archives
Georgia LaBlanc
Programs
TBA
Legislative Awareness &
Advocacy *TBA*
Parliamentarian
Minna Elgart
Nominating
S. Carter, P. Wines, P. Latona

Dear Members of the Westchester Club of
Zonta:

My hope is that all of you had a healthy
and happy summer and that you escaped the
ravages of hurricane Irene.

There are exciting things coming up for our
club and for Zonta in general, this year.

The board met this summer to plan the
upcoming year and committee chairs were
identified. We will continue to have our
meetings on the third Tuesday of the month.

Our web site is being updated. Our service
projects and fundraisers are being planned.

MONTHLY MEETING

September 20,
2011

Fogarty's

Members &
Guests \$30.00
Cocktails 6:30 pm

PROGRAM:
Human
Trafficking

JOIN US
on 9/20!

Stay In
The Know
& Receive
Your New
Member
Booklet



This year the International Conference will be held in Torino, Italy and some of our members are actively planning to attend, all are welcome. The District conference is in Solomon Islands, Maryland and we have a delegation of members attending, please join us if you can.

I am looking forward to seeing you all at the meeting in September at Fogarty's.

Remember to invite potential members, our membership is strong but can be even stronger!!

Sincerely,

Alice Deluise Massa, President

Zonta Club of Westchester

Over the years club members have been extremely generous with their time and expertise donating countless hours to the mission of Zonta. Thank you.

Yet the work continues. At our next meeting there will be sign-up sheets for each of the committees. Give it some thought now and be prepared to "sign on the dotted" line.

SEPTEMBER

BIRTHDAYS!!!

Alice Massa: September 5

Alika Crew: September 15th



MARK YOUR
2011 - 2012 CALENDARS
Plan NOW To Attend
General Membership Meeting

The Third Tuesday of Every Month

To augment our finances, *which need a boost*, we will once again ask for a **\$5.00 donation** from members when they miss a meeting!



2011 CALENDAR

DATE	MEETING	LOCATION	PROGRAM
Aug 6, 2011	Board	Alice home	Planning Meeting
Sept 20, 2011	General 6:30	Fogarty's	Human Trafficking
October 1, 2011	10am - 3pm	Alice's home	TAG SALE <i>FUNDRAISER</i>
Oct 18, 2011	General 6:30 Board 5pm	Fogarty's	TBA
Nov 15, 2011	General 6:30 Board 5pm	Fogarty's	<i>Holiday Auction</i>
*Dec 13, 2011	General 6:30 Board 5pm	*Member's home	Pot luck supper

Ahoy Mates!

District 3 Govenor Lisa Fraser invites all members to attend:

**Treasures of Zonta
Charting a course for the future
2011 District 3 Conference
September 23-25, 2011**

**Hosted by Zonta Club of Charles County
JOIN US as we meet, learn, share, experience ZONTA!!!**



Please join us for the

***ZONTA CLUB OF
WESTCHESTER***

TAG SALE!!!

Date: **Saturday October 1, 2011**

Location: **21 Dewey Avenue**

New Rochelle, NY

(Home of Alice Massa)

Time: **10:00 AM - 3:00 PM**



Donations Accepted: Bring your donations on the day of the event, or drop them off at Alice's beforehand. Zontians are needed to man tables for an hour or more.

For more information: call Alice Massa 914-
235-5486

Westchester County to Honor 9/11 with Candlelit Ceremony

Westchester will honor the 10th anniversary of September 11th with a candlelit remembrance ceremony at “The Rising” memorial in Kensico Plaza.

The ceremony will take place on Sunday, September 11th beginning at 6pm, allowing residents to participate in multiple ceremonies throughout the region.



PAINT THE COUNTY PURPLE...

Show your support for victims of domestic violence. Tie a purple ribbon around a tree. Wrap a string of purple lights around some branches. Knot a purple tie around your neck. Drape a purple scarf over your shoulders. October is National Domestic Violence Awareness Month and Westchester County is going **PURPLE**.

Join the **Shine the Light on Domestic Violence** kickoff press conference on **Tuesday, September 27, 2011 at 10:30AM** at the County Office Building, 148 Martine Avenue (Court Street entrance), White Plains, 8th Floor Rotunda.

Shine the Light on Domestic Violence Westchester co-sponsors the following organizations: Hope's Door; Legal Services of the Hudson Valley; My Sisters' Place; Pace Women's Justice Center; Victims Assistance Services; Westchester County District Attorney's Office; Westchester County Domestic Violence Council; Westchester County Office for Women; Westchester Women's Agenda..

For more information about how you can **GO PURPLE**, contact Carla Horton, *Hope's Door Executive Director*, chorton@HopesDoorNY.org, 914-747-0828



Commission on the Status of Women

Supporting Japan Women's Watch

The NGO CSW/NY is collecting donations for our sister NGOs in Japan. The funds will be transferred directly to Japan Women's Watch, a member organization of Asia-Pacific Women Watch. Many of them attended CSW Session 55 only a week before.

September is National Gynecologic Cancer Awareness Month!!!

What are gynecologic cancers??

Gynecologic cancers are the uncontrolled growth and spread of abnormal cells originating in the female reproductive organs, including the cervix, ovaries, uterus, fallopian tubes, vagina and vulva. There are many factors that cause gynecologic cancers. Medical research has discovered that some classes of genes, called oncogenes and tumor suppressor genes, promote the growth of cancer. The abnormal function of these genes can be acquired (e.g., through smoking, aging, environmental influences) or inherited. Almost all cervical cancers and some cancers of the vagina and vulva are caused by a virus known as HPV, or Human Papillomavirus.

Can gynecologic cancers be prevented?

Screening and self-examinations conducted regularly can result in the detection of certain types of gynecologic cancers in their earlier stages, when treatment is more likely to be successful and a complete cure is a possibility. Diet, exercise and lifestyle choices play a significant role in the prevention of cancer. Additionally, knowledge of family history can increase the chance of prevention or early diagnosis by determining if someone may have a gene which makes them susceptible to cancer.

How often should I be screened?

The American Cancer Society recommends routine cancer screenings. For cervical cancer, the ACS recommends a yearly pelvic examination with Pap test beginning at age 18 or when sexually active, (whichever is earlier) and after three or more consecutive normal yearly examinations, the Pap test may be performed less frequently at the physician's discretion. For endometrial and ovarian cancers, the ACS recommends a yearly pelvic exam.

For more information on gynecologic and other types of cancer, please reference the American Cancer Society's website at www.cancer.org.